

## Blessing of Parental Release

בְּרוּךְ שֶׁפָּטַרְנִי מֵעֲנֹשׁוֹ שֶׁל זֶה. For Parents of a Bar Mitzvah

*Barukh sheh petahraneeh meh on-show shel zeh*

בְּרוּךְ שֶׁפָּטַרְנִי מֵעֲנֹשׁוֹ שֶׁל זֹת For Parents of a Bat Mitzvah

*Barukh sheh petahraneeh meh on-show shel zot*

*Translation:*

Praise Be the One who has now freed me from responsibility for this one.