# **TASHLICH SERVICE**

# TASHLICH: CASTING OUR SINS AWAY



Tashlich is a remarkable ceremony symbolic and concrete all at the same time. Through this ritual, we express not only our desire to be free from sin but our continuing hope that we will be forgiven for past misdeeds. On the afternoon of the first day of Rosh Hashanah -- or on the second day, if the first day is a Shabbat -- it is customary to go to a flowing body of water



and to recite prayers while "casting" our sins (represented by bird seeds) into the water. As we read in Micah: "You will cast (*Tashlich*) all your sins into the depths of the sea" (7:19).

By performing *Tashlich*, we signify our hope that God will overlook our failings during the past year and grant us favor in the year to come.

The preferred "order" for the bodies of water is (l) the sea, (2) a river, (3) a lake, spring, or fountain. If there is no such water within walking distance; in the case of inclement weather; or if one did not perform the ceremony on Rosh Hashanah for any reason, then *Tashlich* may be performed at any time up to Yom Kippur.

According to some customs, the body of water we visit should have fish in it. It has been suggested that this helps to remind us of our precarious existence and thus puts us in the mood to repent. It has also been suggested that we be may compared to fish caught in the net of divine judgment.

While it is traditional to shake out the hems of one's clothing to ensure that all "sins" have been disposed of, *Tashlich* ceremonies differ all over the world. The Jews of Kurdistan had a custom to recite the *Tashlich* prayer near a river and then to jump into the water and swim around, instead of only shaking out the hems of their clothing.

Today we come to this body of water to perform the *Tashlich* ceremony, seeking symbolically to "cast away" our accumulated sins and transgressions so that we may purify our hearts and our souls, as the new year begins.

Let us cast away the sin of deception, so that we will mislead no one in word or deed, nor pretend to be what we are not.

Let us cast away the sin of vain ambition, which prompts us to strive for goals which bring neither true fulfillment nor genuine contentment.

Let us cast away the sin of stubbornness, so that we will neither persists in foolish habits nor fail to acknowledge our will to change.

Let us cast away the sin of envy, so that we will neither be consumed by desire for what we lack nor grow unmindful of the blessings which are already ours.

Let us cast away the sin of selfishness, which keeps us from enriching our lives through wider concerns and great sharing and from reaching out in love to other human beings.

Let us cast away the sin of indifference, so that we may be sensitive to the sufferings of others and responsive to the needs of people everywhere.

Let us cast away the sin of pride and arrogance, so that we can worship God and serve God's purpose in humility and truth.

#### **AVINU MALKEINU**

Avinu Malkeinu, she-ma ko-lei-nu

Eternal, our God, hear our prayer.

Avinu Malkeinu, we have sinned before you.

Eternal, our God, have mercy upon us and upon our children.

Avinu Malkeinu, inscribe us for blessing in the book of life.

Eternal, our God, grant unto us a year of happiness.

Avinu Malkeinu, Be gracious and answer us, for we have not done enough good deeds. Please love us, be generous with us, and help us.

אָבִינוּ מַלְבֵנוּ חָנֵנוּ וַעַנֵנוּ כִּי אֵין בֵּנוּ מַעֲשִׁים אָבִינוּ מִלְבֵנוּ חָנֵנוּ וַעַנֵנוּ כִּי אֵין בֵּנוּ מַעֲשִׂים אָבִינוּ מַלְבֵנוּ חָנֵנוּ וַעַנֵנוּ כִּי אֵין

Avinu Malkeinu Chanenu va'aneinu (2x) ke ein banu ma'asim. Aseh imanu tzdakah vachesed -Aseh imanu tzdakah vachesed, v'hoshi'enu. (repeat)

#### **PSALM 130**

Out of the depths I call to You; Lord, hear my cry, heed my plea. Be attentive to my prayers, to my sigh of supplication. Who could endure, Lord, if You kept count of every sin? But forgiveness is Yours: therefore we revere You.

I wait for the Lord; my soul yearns. Hopefully I await His word. I wait for the Lord more eagerly than watchmen wait for dawn.

Put your hope in the Lord, for the Lord is generous with mercy. Abundant is God's power to redeem; May God redeem the people Israel from all sin.

מִי־אֵל כָּמוֹךְ נִשִּׂא עָוֹן וְעֹבֵר עַל פָּשַׁע לִשְׁאֵרִית נַחַלָּתוֹ, לא הֶחֶזִיק לָעַד אַפּוֹ כִּי חָבֵץ חֶסֶד הוּא. יָשׁוּב יְרַחֲמֵנוּ יִכְבּשׁ עֲוֹנֹתִינוּ וְתַשְׁלִיךְ בִּמְצֵלוֹת יָם כָּל־חַטֹּאתָם. תִּתֵּן אֶמֶת לְיַצִקֹב חֶסֶד לְאַבְרָהָם אֲשֶׁר נִשְׁבַּעְתָּ לַאֲבֹתִינוּ מִימִי קֶדֶם.

### MICAH 7:18-20

Who is a God like You, forgiving iniquity and pardoning the transgression of the remnant of Your people? You do not maintain anger forever but You delight in loving-kindness. You will again have compassion upon us, subduing our sins, casting all our sins into the depths of the sea. You will show faithfulness to Jacob and enduring love to Abraham, as You promised our ancestors from days of old.

# RETURN AGAIN, WORDS BY RABBI SHLOMO CARLEBACH

Return again, return again, return to the land of your soul Return again, return again, return to the land of your soul Return to what you are, return to who you are, return to where you are Born and reborn again... Return again, return again, return to the land of your soul...

# RICHARD ISRAEL'S CRUMB LIST © 1997 (ADAPTED)

For ordinary sins, White Bread For exotic sins, French Bread For particularly dark sins, Pumpernickel For complex sins, Multi-grain For twisted sins, Pretzels For tasteless sins. Rice Cakes For sins of indecision, Waffles For sins committed in haste, Matzah For sins of chutzpah, Fresh Bread For arson, Toast For timidity, Milk Toast For high-handedness, Napoleons For being sulky, Sourdough For silliness, Nut Bread For not giving full value, Short bread For jingoism, Yankee Doodles For telling bad jokes, Corn Bread For being money-hungry, Enriched Bread or Raw Dough For telling small lies, Fudge For war-mongering, Kaiser Rolls For promiscuity, Hot Buns For racism, Crackers For being holier-than-thou, Bagels For unfairly up-braiding others, Challah For provocative dressing, Wonton Wrappers For snobbery, Upper Crusts

For indecent photography,

For trashing the environment,

Cheese Cake

Dumplings
For the sin of laziness,
Any Very Long Loaf

For being hyper-critical, Pan Cakes For political skullduggery. Bismarcks For over-eating, Stuffing Bread For gambling, Fortune Cookies For pride, Puff Pastry For cheating, Bread made with Nutrasweet and Olestra For being snappish, Ginger Bread For dropping in without calling beforehand, Popovers For trying to improve everyone within sight, Angel Food Cake For being up-tight and irritable, High Fiber or Bran Muffins For sycophancy, Brownies For rearing children incompetently, Raisin Bread For immodest behavior, Tarts For causing injury to others, Tortes For hardening our hearts, Jelly doughnuts For abrasiveness. Grits For recurring slip ups, Banana Bread For davening off tune, Flat Bread For impetuosity, Quick Bread For risking one's life unnecessarily, Hero Bread For auto theft, Caraway For excessive use of irony,

Michael S. Beals, Rabbi Elisa Abrams Cohn, Cantor Shari Dym, Executive Director Ralph Downard, President September 2020 • Tishrei 5781

Rve Bread